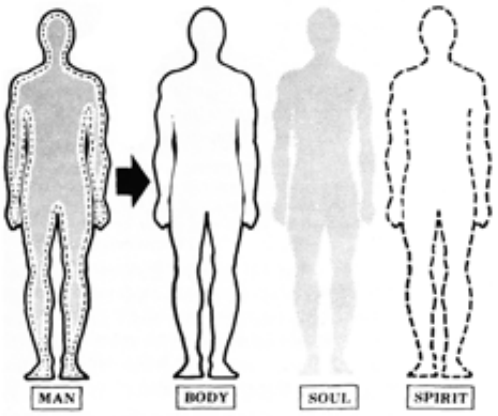
Body, Soul and Spirit

I have found very little accurate teaching out there as to just what the difference is between our body, soul and spirit. Thanks to Rebecca Brown M.D. for pointing out some of this scripture.



> **And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth.**
> **Genesis 1:26 (KJV)**

If you're like me the first thing you probably asked yourself about the above verse is just who is God speaking to here? The answer is simple; God is a tripartite being and the Father is talking to the Son and the Spirit. We are made in the image of God; therefore just like Him we are three in one (tripartite) beings.

> **And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.**
> **1 Thessalonians 5:23 (KJV)**

We are spirit, soul and body but what does that mean?

The Physical Body

We all know what the body is, our flesh, but what you may not know is that the flesh is where our emotions come from. For example when we respond to music it is our flesh that is being stirred up, not our souls. This is why certain music compels us to dance; it is just as much a physical response as the snake exhibits to the pipes of the charmer.

In the world today we place way too much importance on our emotions. We placate our emotions just as we do the lusts of our flesh. Positive emotional feelings towards God (or another person) is not real love. Real love is expressed through actions, not emotions. The ultimate example of love was Christ's sacrifice on the cross for the world (**1 John 2:2 KJV**).

The Soul

> **And the LORD God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul.**
> **Genesis 2:7 (KJV)**

Our bodies may all look different, and we may all have unique DNA, but it is our souls that make us who we are as individuals. We became a living soul when God breathed life (incarnated our souls) into these human bodies.

Two Bodies, One Soul

> **There is a natural body, and there is a spiritual body.**
> **1 Corinthians 15:44 (KJV)**

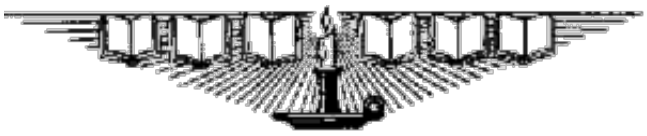
> **But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.**
> **1 Corinthians 2:14 (KJV)**

It is with our natural bodies (the flesh) that we interact with this world, but our spirit body is that with which we interact with God and the spirit world. Knowing this truth we can plainly understand why the 'natural man' (our physical bodies) doesn't respond to spiritual truth. Trying to understand spiritual things with our physical senses or minds is like trying to see in the dark with a hammer.

The Spirit Body

> **The Spirit itself beareth witness with our spirit, that we are the children of God:**
> **Romans 8:16 (KJV)**

When we communicate with the Holy Spirit it is not through our mind, body, emotions or soul but through our spirit body which then passes these truths directly to our souls. Similarly, the 'natural man' through the eyes and brain at this very moment is passing on to your soul the things I have written.

> **For this people's heart is waxed gross, and their ears are dull of hearing, and their eyes they have closed; lest at any time they should see with their eyes, and hear with their ears, and should understand with their heart, and should be converted, and I should heal them.**
> **Matthew 13:15 (KJV)**

The bible in both old and new testaments often speaks of having ears to hear and eyes to see. But now you know that we have a real "spiritual body" that has spiritual eyes and spiritual ears. Personally, I think we have spiritual noses to smell things like false doctrine too! Have you ever sensed that something is not right but didn't know exactly why? That is your spirit body sending you signals. We learn discernment by exercising it; become sensitive to the things your spirit tells you.